



## 20 THINGS TO DO WITH A **BEACH BALL**

1. play hockey with a beach ball and pool noodle
2. use as a bowling ball to knock over empty soda bottles.
3. play "hot potato"
4. throw the ball through a hanging hula hoop
5. balance on your head and try to walk
6. play kickball
7. try to spin the ball on your finger
8. play crab soccer
9. hold the ball between your legs and try to walk
10. play keep away
11. volley with a partner only using your head
12. play musical beach balls
13. with a partner, throw the ball up in the air and catch it with a towel
14. juggle 2 beach balls
15. kick the ball between 2 soda bottles
16. label the ball with different movements - when caught, perform the first movement you see
17. play baseball with a beach ball and pool toy
18. organize a relay race
19. balance on a beach shovel while walking
20. use as a target for a squirt gun