

The HARDER you work for something,  
the GREATER you'll feel when you've  
ACHIEVED IT!

©SOMEWHATSIMPLE.COM

EVERY STEP  
IS TOWARD A

goal

/gōl/ *noun*

1. the object of a person's  
ambition or effort; an aim  
or desired result.

// **GOALS** FOR THIS YEAR

<b>GOAL</b>	
-------------	--

Date Completed	
My Reward	
How I Feel	

<b>GOAL</b>	
-------------	--

Date Completed	
My Reward	
How I Feel	

// **GOALS** FOR THIS YEAR

<b>GOAL</b>	
-------------	--

Date Completed	
My Reward	
How I Feel	

<b>GOAL</b>	
-------------	--

Date Completed	
My Reward	
How I Feel	

// **GOAL** BREAKDOWN

<b>GOAL</b>	
-------------	--

Date I want to achieve this by

---

I will reward myself with

---

Steps I need to take	Date Completed

// **GOAL** BREAKDOWN

<b>GOAL</b>	
-------------	--

Date I want to achieve this by

---

I will reward myself with

---

Steps I need to take	Date Completed

[illegible][illegible]